Supplementary Material S6 - Products per food (sub-)group

Table S6A - Products added to the PHD-NL diet.

	Products
Whole grains	
Rice, wheat, corn and other	• Bread rye dark • Bread rye light • Bread wholemeal average • Bread wheatrye wholemeal • Bread rye average • Bread Blue Band Goede Start white bread • Bread wholemeal average w pumpkin seeds • Bread linseed • Bread multigrain average w seeds • Bread wholemeal w nuts • Bread wholemeal average w sunflower seeds • Bread Blue Band Goede Start light brown • Bread wholemeal average w seeds • Bread brown w seeds • Bread wholemeal coarse • Bread sourdough wholemeal • Roll wholemeal soft • Roll multigrain hard • Roll multigrain soft • Bread wholemeal fine • Bread multigrain wholemeal Becel • Bread wholemeal Brinta Vezelbruin • Bread white gluten free Pan Carre Schar • Bread multigrain gluten free Rustico • Bread VollerKoren • Bread white Brinta Vezelwit • Bread wholemeal fine w seeds • Bread wholemeal fine w sunflower seeds • Bread wholemeal coarse w seeds • Bread wholemeal coarse w sunflower seeds • Bread wholemeal coarse w pumpkin seeds • Bread Tijger wholemeal • Bread corn w seeds • Breakfast cereal Brinta • Wheat germ • Breakfast cereal porridge Bambix Zonnig Ontbijt licht volk • Breakfast prod Albona 7--cereals--energy • Breakfast cereal All--Bran flakes • Muesli w fruit • Breakfast cereal Weetabix original • Crispbread averaged • Crispbread light

	• Crispbread high fibre • Crispbread wholemeal Cracottes • Crispbread wholemeal • Crispbread Sandwich Wasa • Crackers VitaLU • Crispbread Cracottes Vital • Toast Melba other varieties • Crispbread Oerknack Bolletje • Crispbakes Dutch farmers cereals&seeds Bolletje • Flour wheat wholemeal • Wheat bran • Barley whole grain raw • Oat bran raw • Rice brown boiled • Pasta wholemeal boiled • Quinoa cooked • Bulgur wheat cooked
Tubers or starchy vegetables	
Potatoes and cassava	• Potato puree powder wo milkpowder wo fat • Potatoes wo skins boiled average • Potatoes slices/parts frozen unprepared • Potato sweet boiled • Potatoes boiled w skin average • Potato product natural precooked chilled • Potato product seasoned precooked chilled
Vegetables	
Dark green vegetables	• Endive raw • Endive boiled • Kale curly boiled • Cucumber wo skin raw • Cucumber boiled • Sweet pepper green raw • Sweet pepper green boiled • Purslane boiled • Leek boiled • Turnip tops raw • Cabbage Savoy boiled • Lettuce butterhead raw • Swiss chard leaf boiled • Spinach raw • Spinach boiled • Brussel sprouts boiled • Lettuce lambs raw • Spinach tinned • Spinach frozen boiled • Purslane raw • Broccoli boiled

	• Broccoli raw • Kale curly frozen boiled • Kale curly raw • Courgettes boiled • Dandelion leaves raw • Brussel sprouts frozen boiled • Seaweed kelp raw • Cucumber w skin raw • Bitter gourd pods boiled • Seaweed nori dried
Red and orange vegetables	• Beetroot raw • Cabbage red raw • Cabbage red boiled • Tomatoes classic round raw • Tomatoes classic round boiled • Carrot raw average • Carrot boiled average • Carrot tinned • Sweet pepper red raw • Sweet pepper red boiled • Beetroot boiled • Pumpkin boiled • Chili pepper raw • Carrot bunched raw • Carrot bunched boiled • Carrot winter raw • Carrot winter boiled • Tomato vine raw • Tomato cherry raw • Tomato beef raw • Tomato beef boiled • Tomato average raw • Tomato average boiled • Pepper sweet orange raw • Tomatoes dried in oil tin/glass • Tomato sun--dried • Tomato juice • Juice tomato/vegetable • Juice tomato/vegetable Appelsientje • Juice tomato Appelsientje Zontomaat • Tomato puree concentrated tinned • Pepper red hot paste • Pepper red hot fried paste • Tomato sieved
Other vegetables	• Aubergine raw • Aubergine boiled • Celery boiled

- Cauliflower raw
- Cauliflower boiled
- Mushrooms chanterelle boiled
- Mushroom raw
- Mushroom boiled
- Cabbage Chinese boiled
- Celeriac boiled
- Swede boiled
- Kohlrabi boiled
- Cabbage oxheart raw
- Cabbage oxheart boiled
- Sweetcorn boiled
- Bean sprouts raw
- Bean sprouts boiled
- Onions raw
- Onions boiled
- Chicory raw
- Chicory boiled
- Cabbage white raw
- Cabbage white cooked
- Radish red/white raw
- Cress garden raw
- Vegetables mixture raw
- Asparagus white tinned
- Mushroom tinned
- Celery raw
- Celeriac raw
- Kohlrabi raw
- Leek raw
- Garlic raw
- Ginger root fresh
- Fennel raw
- Courgettes raw
- Asparagus white boiled
- Salsify boiled
- Fennel boiled
- Vegetable mixed Mexico frozen unprepared
- Bamboo shoots tinned
- Lettuce iceberg raw
- Horse--radish raw
- Vegetables average boiled
- Vegetables average raw
- Bami vegetables mixed boiled
- Lettuce average raw
- Lettuce red raw
- Rocket raw
- Onion Welsh raw

	• Onion Welsh boiled • Sweet pepper yellow raw • Sweet pepper yellow boiled • Sweet pepper average raw • Sweet pepper average boiled • Sweetcorn tinned • Vegetables for soup cooked • Cabbage pak--choi cooked • Parsnip raw • Parsnip boiled • Vegetables for stir fry Dutch cooked • Vegetables for stir fry Italian cooked • Vegetables for stir fry Oriental cooked • Vegetables for stir fry Mushroom cooked • Artichoke hearts canned • Lettuce romaine raw • Cabbage sauerkraut raw • Cabbage sauerkraut cooked
Fruits	
Fruits	• Apple without skin average • Strawberries • Apricots w skin • Pineapple • Banana • Blueberries • Redcurrants • Blackcurrants • Bilberries • Blackberries • Lemon • Cranberries fresh • Grapes w skin average • Raspberries • Grapefruit • Cherries • Manderins • Melon netted • Pear wo skin • Peach without skin • Plums w skin • Orange • Fruit fresh citrus average • Fruit fresh average excluding citrus • Coconut meat fresh • Plantain ripe raw • Avocado • Lime

- Mango
- Papaya
- Apple with skin average
- Pomegranate
- Figs fresh
- Kiwi fruit green
- Kaki / Sharon fruit
- Passion fruit
- Lychees
- Melon water
- Melon honeydew
- Nectarine
- Dates fresh
- Fruit fresh average including citrus
- Pear w skin
- Grapes black w skin
- Grapes white w skin
- Pineapple in own juice tinned
- Kiwi fruit yellow
- Melon cantaloupe
- Kiwi fruit average
- Raisins dried
- Apricots dried
- Dates dried
- Currants dried
- Prunes dried
- Fruit mixed dried
- Figs dried
- Abricots dried and soaked
- Prunes dried soaked in water
- Fruit mixed dried soaked in water
- Goji berries dried
- Mulberries raw
- Juice apple
- Juice redcurrant
- Juice grape
- Juice grapefruit
- Juice pear
- Juice lemon
- Juice pineapple
- Juice orange w pulp
- Juice orange with calcium Appelsientje
- Juice apple w vitamin C
- Juice orange Appelsientje Groeifruit
- Juice fruit Coolbest Vitaday tropical
- Juice fruit Hero Fruit&Co
- Juice fruit Vruchtoase multivit

	• Juice orange freshly squeezed • Juice multifruit mild w vit C • Apple sauce wo sugar tinned • Fruit snack Knijpfruit/Slurpfruit • Olives green in brine tinned/glass • Coconut milk • Olives ripe in brine tinned/glass • Olives average in brine tinned/glass • Raisins soaked in water
Dairy foods	
Whole milk or derivate equivalents (e.g. cheese)	• Cheese Gouda 48+ average • Cheese 20+ Leidse w cumin/Fries clove • Cheese Camembert 45+ • Cheese cottage • Cheese cream 60+ • Cheese Saint Paulin/Port Salut • Cheese cream soft Mon Chou • Cheese Gruyere • Cheese Emmenthaler • Cheese Cheddar • Cheese cream soft Boursin • Cheese 48+ less salt average • Cheese spread 60+ Kiri • Cheese cream soft Paturain • Cheese 30+ average • Cheese Brie 60+ • Cheese goat fresh • Cheese 20+ • Cheese 50+ • Cheese Dutch in Swiss--style 45+ • Cheese 45+ • Cheese Mozzarella made from cow's milk • Cheese spread Eru Balans • Cheese spread Eru kids • Cheese goat hard • Dairy spread plain/herbs light • Cheese Gouda 48+ age 4--8 weeks • Cheese Gouda 48+ age 8 wk--4 mths • Cheese Gouda 48+ age 4--7 mths • Mascarpone cheese • Cheese spread 45+ • Cheese 30+ age 4--8 weeks • Cheese 30+ age 8 wk--4 mths • Cheese 30+ age 4--7 mths • Cheese 30+ age 10--12 mths • Cheeseprod w veg fat Kees extra gerijpt • Cheese 30+ less salt age 4--8 weeks

- Cheese 30+ less salt age 8 wk--4 mths
- Cheese 30+ less salt age 4--7 mths
- Cheese 48+ less salt age 4--8 weeks
- Cheese 48+ less salt age 8 wk--4 mths
- Cheese 48+ less salt age 4--7 mths
- Cheese cream with herbs 25--30 g fat
- Cheese Ricotta
- Yoghurt l fat w fruit/van w sw Optimel
- Milk raw
- Coffee creamer w pufa Becel
- Yoghurt full fat
- Milk whole
- Coffee creamer full fat
- Coffee creamer half fat
- Milk semi--skimmed
- Buttermilk curds fresh
- Porridge oatmeal
- Buttermilk
- Coffee creamer low fat
- Coffee creamer 20% fat
- Milk skimmed
- Cream whipping
- Yoghurt Bulgarian whole milk
- Yoghurt low fat
- Fromage frais low fat
- Fromage frais half fat
- Fromage frais full fat
- Cream sour
- Yoghurt Bulgarian low fat
- Yoghurt half fat
- Creme fraiche
- Yoghurt drink w sweeteners Optimel
- Coffee creamer Balance
- Milk goats-- full fat
- Fromage frais low fat w fruit w sw
- Yoghurt drink w sweetener
- Yoghurt drink Fristi with sweetners
- Creme fraiche half fat
- Cream cooking
- Cream cooking light
- Cream type prod Blue Band Finesse
- Yoghurt drink Topvit w sweetner
- Yoghurt Greek full fat
- Yoghurt 0% fat w fruit Activia
- Dairy spread plain/herbs
- Yoghurt drink Actimel 0% fat natural
- Milkdrink skimmed milk Becel pro--activ

	• Yoghurt low fat with fruit w sweetener • Yoghurt full fat natural Activia • Milk chocolate--flavoured w sw Optimel • Yoghurt Turkish 4% fat • Yoghurt Turkish 10% fat • Cream whipped low fat w sweetener canned • Yogurt low fat Activia • Milk semi--skimmed lactose free • Yoghurt drink w sweeteners enriched w calcium • Yoghurt drink Optimel Puur • Milk skimmed dried • Milk whole dried
Protein sources	
Beef, lamb and pork	• Bacon fat raw • Beef rump steak raw • Beef tenderloin steak raw • Beef frying steak raw • Minced beef raw • Beef rib raw • Beef stewing meat raw • Beef sirloin rolled raw • Beef roast raw • Beef shank raw • Beef rib steak raw • Beef streaked/marbled raw • Beef stewing steak raw • Beef steak tartare raw • Pork fillet raw • Pork fricandeau part of leg raw • Pork chop raw • Minced pork raw • Pork tenderloin raw • Pork gammon steak raw • Pork loin chop raw • Pork shoulder chop raw • Liver pork raw • Pork spare rib raw • Pork tenderloin medaillon raw • Pork shoulder raw • Bacon rasher raw • Minced beef/pork raw • Hamburger raw • Veal olive raw • Lamb leg raw • Minced lamb raw • Lamb chop raw • Lamb shoulder raw

	• Pork 5--14% fat raw • Veal <5% fat raw average • Lamb >10 g fat raw average • Pork rib chop raw • Pork schnitzel not breaded raw • Kidney ox raw • Minced meat raw average • Meat average raw excl liver • Beef average raw • Beef for stewing averaged raw • Beef olives raw • Minced meat (50:50 pork beef) w veg raw • Minced veal raw • Veal frying steak raw • Veal rib steak raw • Veal stewing steak raw • Veal stewing meat raw • Pork stewing meat raw • Bacon lean smoked raw • Pork shoarma seasoning raw • Pork sparerib raw • Beef ribeye steak raw • Beef <5% fat raw average
Chicken and other poultry	• Duck whole raw • Chicken w skin raw • Pheasant whole raw • Turkey raw • Liver chicken raw • Chicken wo skin raw • Chicken for soup w skin raw • Chicken fillet raw • Chicken rolled raw • Turkey fillet raw • Chicken drumstick w skin raw • Mince chicken raw
Eggs	• Egg whole chicken average boiled • Egg yolk chicken boiled • Egg white chicken raw
Fish	• Mussels boiled • Fish lean 0--5 g fat raw • Kipper smoked • Shrimps Dutch peeled boiled • Crab in water tinned • Lobster boiled • Sardines/pilchards in oil tinned • Salmon tinned • Eel smoked

	• Mackerel steamed • Cod boiled • Plaice boiled • Salmon smoked • Halibut smoked • Mackerel fillet smoked • Salmon farmed raw • Anchovy in oil canned • Tuna in oil tinned • Tuna in water tinned • Mackerel prepared in microwave oven • Mackerel in oil tinned • Salmon farmed prep in microwave oven • Trout prepared in microwave oven • Rainbow trout prepared in microwave oven • Dab/lemon dab prep in microwave oven • Sole prepared in microwave oven • Ocean perch prepared in microwave oven • Eel prepared in microwave oven • Spawn/hard roe coloured • Squid prepared in microwave oven • Tuna raw • Pangasius prep in microwave oven • Tuna prepared without fat • Tilapia prepared without fat • Anchovy raw • Anchovy prepared without fat • Sardines grilled • Pollock Alaska steamed • Prawns cooked • Surimi
Legumes	
Dry beans, lentils and peas	• Pea garden super fine tinned • Beans runner tinned • Beans French tinned • Beans broad tinned • Peas marrowfat canned • Beans brown canned • Beans French boiled • Peas frozen boiled • Beans French frozen boiled • Beans runner boiled • Beans broad boiled • Peas fresh boiled • Mange--tout boiled • Peas marrowfat boiled • Lentils green and brown boiled

	• Beans soya boiled • Peas chick boiled • Beans long yard Kouseband boiled • Splitpeas yellow boiled • Beans white canned • Beans mung boiled • Beans kidney red canned • Chickpeas canned • Beans black eyed canned • Beans brown boiled • Lentils brown canned • Peas marrowfat young canned • Beans kidney red boiled • Lentils red boiled • Beans white boiled
Soy foods	• Tahoe soya curd • Flour soya full fat • Quorn pieces unprepared • Drink soya Light Alpro • Drink soya unsweetened Alpro • Drink soya unsweetened Milbona/Albert Heijn • Drink almond unsweetened Alpro • Tempeh fermented soya beans • Miso soya paste
Peanuts	• Peanuts unsalted • Peanuts dry roasted
Tree nuts	• Almonds blanched unsalted • Cashew nuts unsalted • Hazelnuts unsalted • Chestnuts raw • Brazil nuts unsalted • Mixed nuts and raisins • Walnuts unsalted • Nuts mixed unsalted • Sesame seeds • Linseeds • Sunflower seeds • Pecan nuts unroasted unsalted • Pistachio nuts salted • Pine nuts • Poppy seeds • Pumpkin seeds • Nuts macadamia unsalted • Hemp seed • Chia seeds dried
Added fats	
Saturated fat	• Butter unsalted

	• Butter salted • Butter product half fat • Low fat marg prod Blue Band Goede Start • Low fat margarine 40% fat <17 g sat • Low fat marg prod 20--25% fat <10 g sat • Margarine 80% fat > 24 g saturates • Margarine product 70% fat >17 g sat • Cooking fat solid 97% fat >17 g sat • Frying fat solid • Cooking fat solid 80% fat >17 g sat • Butter product 25% fat • Low fat margarine prod Blue Band Idee • Margarine 80% fat > 24 g sat unsalted • Cooking fat sol 97% fat>17g sat unsalted • Low fat margarine prod AH chol verlagend • Low fat margarine prod C1000 Goed begin • Low fat marg prod Dieetella Double Activ • Low fat margarine product Gezonde Start • Butter product melange unsalted Campina Botergoud • Margarine product 60% fat >17 g sat • Herb butter • Oil coconut • Low fat margarine 40% fat <17g sat w vit E • Margarine product Jumbo bewust • Butter product melange salted
Unsaturated fat	• Oil peanut • Oil soy • Oil sunflower seed • Oil olive • Oil Becel • Oil safflower • Oil corn • Low fat margarine product tub Becel Ligh • Margarine product tub Becel Dieet • Low fat spread Becel pro--activ • Low fat margarine prod 35% fat <10 g sat • Margarine 80% fat < 24 g saturates • Margarine product 70% fat <17 g sat • Cooking fat liquid 97% fat <17 g sat • Frying fat liquid • Margarine product 60% fat <17 g sat • Margarine liq 80% fat <17 g saturates • Low fat margarine Gouda's Glorie Lichtste Pondje • Low fat margarine prod Becel Omega3 Plus • Oil wok • Frying fat horeca

	• Margarine liq 80% fat < 17g sat unsalted • Low fat margarine prod Bewust light • Cooking fat liq 97%fat <17g sat unsalted • Low fat marg 40% fat <17 g sat unsalted • Margarineprod AlbertHeijn Bewust Balans • Margarine product liquid light unsalted • Margarine product liquid light • Low fat marg prod Becel calorie light • Low fat spread AH omega--3 • Low fat spead Becel pro,activ light • Oil linseed • Margarine product tub Jumbo diet • Low fat margarine product Goed Begin Albert Heijn/Jumbo • Margarine product Vita d'Or Bewust • Low fat margarine product Vita d'Or Goed begin • Oil rice bran • Frying oil • Margarine liquid 80% fat Blue Band • Margarine liquid 80% fat Becel Olijf • Margarine liquid 80% fat Vita d'Or Bewust • Cooking fat liq Vita d'Or vlees&jus • Low fat margarine product Vita d'Or Bewust light • Oil sesame • Oil rapeseed • Oil vegetable average
Lard or tallow	• Lard • Beef fat
Added sugars	
All sweeteners	• Sugar castor brown • Sugar castor white • Sugar granulated • Syrup Keukenstroop • Syrup sugar • Syrup apple • Honey • Sweets boiled • Cocoa powder sweetened • Preparation glucose powder Dextro--M • Sugar demerara • Soft drink cola w caffeine • Soft drink wo caffeine • Juice orange pasteurized • Juice drink • Whey drink Rivella wo sugar • Fruit drink concentrate Roosvicee Origin • Fruit drink conc Roosvicee Low Cal

- Whey drink Taksi w sugar
- Fruit juice dk minimal 2 fruits
- Juice drink light
- Soft drink light wo caffeine
- Cola light soft drink w caffeine
- Fruit juice concentrated
- Fruit drink concentrate Karvan Cevitam
- Fruit juice drink Roosvicee Multivit
- Fruit drink conc Roosvicee Multivit
- Mineral water Sourcy
- Sports drink AA Isotone
- Sports drink AA High Energy
- Mineral water Bar le Duc
- Breakfast drink HeroFruitontbijt p 100ml
- Ice tea
- Ice tea light
- Ice tea with sugar and sweetener
- Juice drink Dubbelfrisss
- Juice drink Tintelfruit w vit C
- Juice drink Dubbelfrisss light
- Juice drink Tintelfruit light
- Juice drink Spa&Fruit still
- Juice drink Spa&Fruit light still
- Mineral water w sweetener
- Juice fruit Multi Vitamientje oranje vr
- Fruit drink Multi Vitamientje bosvr
- Juice fruit Coolbest Vitaday original
- Fruit juice dk Coolbest skinny orange
- Fruit drink 'portiefruit'
- Sports drink Extran Energy
- Sports drink Extran Hydro
- Fruit drink conc w sugar and sweetners 40--45g CHO
- Fruit drink concentrate light
- Fruit drink conc can Albert Heijn
- Rice drink w calcium and vitamines
- Juice drink Wicky
- Soft drink w sugar & sweetener 2--<5 g KH
- Juice drink w sugar & sw
- Juice drink multivitamin Capri--Sun
- Fruit drink conc diluted average
- Fruit drink conc w sugar diluted AH
- Fruit drink conc diluted 1 to 4
- Fruit drink conc diluted 1 to 7
- Sport drink River Powerdrink/Freeway
- Coffee Cappuccino freshly made
- Coffee cappuccino instant prepared

- Coffee cappuccino instant powder
- Energy drink Golden Power/Bullit/Freeway
- Fruit juice dk Roosvicee Original/frdr
- Fruit drink conc Roosvicee diluted av
- Fruit juice drink ACE average
- Fruit drink conc light diluted average
- Fruitdrink conc KarvanCevitam diluted av
- Spread speculaas flavoured
- Fruit juice drink 12 fruits nectar light
- Lemonade fruit Wicky zero
- Juice multifruit
- Fruit juice drink ACE Aldi/Kruidvat
- Juice fruit Solevita multivit 12--fruits
- Fruit juice drink Fruity King tropical
- Fruit juice concentrated prepared
- Fruit juice dk Surango multivit light
- Fruit juice dk minimal 2 fruits w vit C
- Fruit juice drink diary Wicky fruitzacht
- Fruit juice dk Solevita multivit 12 fru
- Fruit juice dk Roosvicee Multivit light
- Fruit juice dk ACE Fruxano/Super/Tasting
- Soft drink w sugar sw&caffeine 2--<5 carb
- Fruit drink conc w sugar & sw diluted
- Fruit drink Roosvicee 50/50
- Sports drink Aquarius
- Coffee w sugar and milk vending machine
- Coffee w milk vending machine
- Lemonade fruit Sisi no bubbles Action
- Softdrink w sugar sw&caffeine 5--<8g carb
- Mix rice/Chines noodles unprepared
- Energy drink Red Bull
- Energy drink Red Bull sugarfree
- Energy drink Mixxed up
- Fruit drink Linessa Vital&Active light
- Ice tea with less sugar
- Hot chocolate from vending machine
- Fruitdrink conc w sugar & sw 10--15 g CHO
- Fruitdrink conc w sug&sw diluted Tasting
- Whey drink Taksi w sweetener
- Sport drink Freeway Sportivo
- Coffee wiener melange instant powder
- Coffee wiener melange instant prepared
- Juice drink Spa&Fruit sparkling
- Juice Drink Ocean Spray
- Fruit drink concentrated Vruchtenmix
- Juice drink w sugar & sw Wicky
- Fruit juice drink apple nectar

- Fruit drink conc w sugars and sweeteners
- Fruit drink conc w 45--50 mg vit C
- Fruit drink conc w vit
- Vitaminwater
- Whey drink
- Fruit drink concentrated Vruchtenmix diluted
- Juice multifruit-- with vitamin E Healthy People
- Fruit juice drink juice and water
- Rice drink
- Fruit drink conc w sugar and sweeteners diluted
- Fruit drink conc w vit diluted
- Fruit drink concentrate with sweeteners Karvan Cevitam
- Fruit drink conc with sweetener Karvan Cevitam diluted
- Biscuit fortified Liga Baby 6--12 mnth
- Biscuit fort Liga 12--36 mnth
- Cake Dutch spiced Ontbijtkoek
- Almond filled pastry
- Apple pie Dutch w shortbread w marg
- Biscuit sweet
- Cake wo butter
- Cake sponge Dutch Eierkoek
- Gateau w whipped cream
- Gateau with butter--cream filling
- Biscuit average
- Coconut macaroons
- Biscuit sponge fingers
- Biscuit Dutch shortbread sprits
- Biscuit brown/wholemeal
- Chewing gum
- Chewing gum wo sugar
- Cream slice Dutch Tompouce
- Doughnut Dutch style w currants raisins
- Biscuit chocolate coated
- Biscuit shortbread Bastogne
- Sweets marshmellow type Spekkie
- Flan w fruit filling
- Candybar Mars
- Flan filled w rice pudding
- Liquorice Dutch type salted
- Liquorice Dutch type double salted
- Liquorice Dutch type sweet
- Liquorice Stophoest
- M&M's chocolate
- Candybar Milky Way
- Candybar Bounty

- Candybar Snickers
- Sauce fruit for pudding
- Sauce chocolate for pudding
- Sauce tomato based shashlik
- Cocoa product powder Ovomaltine
- Popcorn popped wo oil natural
- Meringue cake Bokkenpootje
- Coconut flavoured cookies
- Biscuit Dutch Krakeling
- Biscuit muesli
- Cassava cake Bojo Surinam
- Waffle syrup average
- Flan filling tinned
- Marsh mallows
- Liquorice allsorts
- Wine gum/ fruit gum
- Cake butter Dutch Boterkoek
- Apple strudel
- Cheesecake made w fromage frais
- Shortbread
- Biscuit oatmeal
- Candybar Twix
- Gateau fatless sponge w fruit & cream
- Biscuit spiced Speculaas w almond paste
- Sweets fruit pectinbased
- Biscuit fortifd w currants LigaEvergreen
- Cake Dutch spiced Ontbijtkoek wholemeal
- Sports food energy bar Isostar
- Biscuit fortified Liga Baby 4--6 mnth
- Biscuit fortified Liga Haverkick
- Biscuit gluten free Glutafin
- Biscuit fortified Liga Evergr assortment
- Turkish Delight
- Baklava nut--honey cake
- Liquorice Dutch type average
- Cake Dutch spiced Ontbijtkoek w ginger
- Syrup from tinned fruit
- Berliner pastry
- Biscuit with chocolate
- Butter cream
- Doughnut plain
- Ice lolly
- Eclair w whipped cream filling
- Meringue w butter--cream
- Biscuits sugar free
- Flan fruit and crumble topping
- Cheesecake made w cream cheese

- Biscuit Jaffa cakes/Cake PiM's
- Rice cakes puffed with salt
- Fondant cream
- Chocolates filled/Belgium chocolate
- Muesli bar w chocolate
- Eclair without filling
- Bun with vanilla custard
- Biscuit fortified Liga Milkbreak milkbiscuit
- Cake made w butter
- Biscuits assorted w butter
- Tart fruit w shortbread base
- Biscuit Cafe noir
- **f**Biscuit fortified Liga Continue vit/min
- Biscuit filled
- Biscuit w chocolate layer Scholiertje
- Rice cakes puffed with chocolate
- Biscuit fruit
- Cake Dutch spiced Ontbijtkoek w raisin
- Cereal bar Hero B'tween
- Cereal bar w milk Kellogg's
- Muesli bar
- Ice lolly Festini
- Ice cream dairy w chocolate coating
- Ice cream dairy w fruitcoating
- Boiled sweets sugar free
- Cake Dutch spiced Ontbijtkoek less sugar
- Rice cakes puffed with caramel
- Tiramisu
- After eight chocolate mints
- Chocolate milk w raisins
- Chocolate dark w nuts
- Chocolate milk w puffed rice
- Toffee w chocolate
- Nougat w chocolate
- Liquorice w peppermint
- Liquorice w sal ammoniac powder
- Nougat
- Popcorn popped wo oil sweet
- Cake marble--
- Cake apple--
- Cake raisins--
- Eclair filled w banana and whipped cream
- Chocolate eclair
- Chocolate pastry w whipped cream
- Cake Dutch spiced Ontbijtkoek w nuts
- Cake Dutchspiced Ontbijtkoek w rockcandy
- Spiced cake Indonesian-- Spekkoek

- Croissant chocolate--
- Tarts filled w jam
- Cup cake iced
- Cake Dutch spiced Lekkere Start
- Chocolate chip cookie
- Biscuit children's average
- Biscuit fortified Provita milkbiscuit
- Biscuit fortified Bridge fruit and grain
- Biscuit Dutch shortbread sprits w choc
- Teacakes chocolate coated marshmellow
- Biscuit Dutch Kletskop
- Cake wrapped in marzipan and chocolate
- Biscuit fortified Bridge milkbiscuit
- Ice cream stracciatella--
- Cake Dutch w icing & cream 'Oranjekoek'
- Wafer galette
- Spice biscuit sprinkles Bolletje
- Wafer w milk & hazelnts Knoppers
- Cake with nuts
- Fritter banana
- Gateau fatless sponge w marzipan
- Nuts cake
- Pudding airy
- Maltesers
- Liquorice sugarfree
- Wine gum w liquorice
- Biscuit fortified LU Time Out
- Apple turnover
- Flan w custard and crumble topping
- Cake Dutch Ontbijtkoek w nuts&fruit
- Flan w custard and fruit
- Cake made w butter and apple
- Biscuit peanut
- Candybar KitKat
- Biscuit w nuts and chocolate
- Biscuits w nuts
- Appel pie Dutch w shortbread w butter
- Waffle Luikse
- Waffle soft--/sugar--/flash--
- Biscuit spiced small Kruidnoten w dark choc
- Biscuit spiced small Kruidnoten w milk choc
- Biscuit Dutch Amaretti Bitterkoekjes
- Cake chocolate made wo butter
- Biscuit Dutch Frou frou
- Biscuit w dried fruit & yoghurt Yofruit
- Biscuit spiced small Kruidnoten w white choc
- Biscuit fortified Evergreen crunchy

- Doughnut iced
- Waffle Luikse w chocolate
- Almond paste filled tarts w butter
- Almond paste filled tarts wo butter
- Biscuit spiced Speculaas w butter
- Biscuit spiced Speculaas wo butter
- Biscuit brown/digestive w chocolate
- Flan apple and crumble topping
- Flan hard shell w custard cream
- Flan sponge w custard cream
- Waffle syrup w/o butter
- Waffle syrup w butter
- Chocolate bar filled Kinder
- Cake chocolate made w butter
- Pie apple--nuts
- Biscuit syrup w chocolate
- Candybar Lion
- Saus caramel for pudding
- Biscuit Dutch Jodekoek
- Waffle penny--
- Cake Indonesian
- Biscuit digestive
- Apple turnover w puff pastry w butter
- Sweets cream hard
- Puff pastry w butter baked
- Doughnut Dutch style plain
- Brownie without filling
- Biscuit Dutch Taai--taai
- Aniseed comfits crushed/pink&white/blue&white
- Mentos cheewy dragee
- Filopastry unprepared
- Sorbet
- Biscuit fortified AH/Jumbo/Aldi
- Biscuit fortified Liga Belvita ontbijtbiscuits
- Frogs/mice fondant with chocolate
- Cake Dutch spiced ontbijtkoek w chocolate
- Biscuit spiced small
- Icecream with caramel and nuts
- Cocoa powder
- Chocolate milk
- Chocolate dark
- Chocolate flakes milk
- Chocolate butter
- Chocolate flakes dark
- Spread chocolate hazelnut
- Coloured confetti fruit--flavoured
- Spread chocolate dark

- Jam
- Peppermint
- Jam rose hip
- Toffees
- Fruit drink concentrate undiluted
- Jam reduced sugar
- Chocolate bar milk w nuts
- Chocolate liqueurs
- Chocolate bar milk without sugar
- Marzipan
- Chocolate confetti averaged
- Milk chocolate--flavoured semi--skimmed
- Chocolate confetti milk
- Chocolate confetti dark
- Spread chocolate milk
- Milk chocolate--flavoured w sweetener w inulin
- Chocolate white
- Cocoa product sweetened Nesquik Hot Choc
- Chocolate confetti white
- Drinking chocolate w s--sk milk
- Drinking chocolate w s--sk milk and Nesquik
- Cocoa powder sweetened Nesquik
- Chocolate confetti mix white and dark
- Spread duo w chocolate
- Spread duo wo chocolate
- Sweets jelly/gums/foam
- Wine gums with foam layer
- Sweet fruity chew
- Sugar light
- Meringue
- Chocolate spread white
- Syrup maple
- Syrup apple enriched w iron
- Golden syrup pourable
- Fudge/caramel soft
- Chocolate flakes mix dark and white
- Chocolate confetti extra dark
- Marmalade
- Chocolate flakes white
- Syrup ginger
- Solid foamed candy 'schuimpje'
- Syrup apple--pear
- Liquorice Dutch type sweet with foam
- Sugar powdered
- Chocolate filled with caramel Rolo
- Icing (sugar)
- Chocolate extra dark

Supplementary Material S6 - Products per food (sub-)group

Table S6B - Products added to the DDG-NL diet.

Products
Vegetables and fruits

Vegetables

- Bean sprouts raw
- Bean sprouts boiled
- Endive raw
- Endive boiled
- Artichoke hearts canned
- Asparagus white boiled
- Asparagus white tinned
- Aubergine raw
- Aubergine boiled
- Bamboo shoots tinned
- Beetroot raw
- Beetroot boiled
- Celery boiled
- Celery raw
- Broccoli boiled
- Broccoli raw
- Mushrooms chanterelle boiled
- Mushroom raw
- Mushroom boiled
- Mushroom tinned
- Courgettes boiled
- Courgettes raw
- Ginger root fresh
- Vegetables average boiled
- Bami vegetables mixed boiled
- Vegetable mixed Mexico frozen unprepared
- Vegetables for stir fry Mushroom cooked
- Vegetables for stir fry Dutch cooked
- Vegetables for stir fry Italian cooked
- Vegetables for stir fry Oriental cooked
- Capers
- Garlic raw
- Celeriac boiled
- Celeriac raw
- Cucumber wo skin raw
- Cucumber boiled
- Cucumber w skin raw
- Vegetables average raw
- Cauliflower raw
- Cauliflower boiled
- Kale curly boiled
- Kale curly frozen boiled
- Kale curly raw
- Cabbage Chinese boiled
- Cabbage red raw

- Cabbage red boiled
- Cabbage Savoy boiled
- Cabbage oxheart raw
- Cabbage oxheart boiled
- Cabbage white raw
- Cabbage white cooked
- Cabbage sauerkraut raw
- Swede boiled
- Kohlrabi boiled
- Kohlrabi raw
- Beans long yard Kouseband boiled
- Sweetcorn boiled
- Sweetcorn tinned
- Horse--radish raw
- Cabbage pak--choi cooked
- Sweet pepper average raw
- Sweet pepper average boiled
- Sweet pepper yellow raw
- Sweet pepper yellow boiled
- Sweet pepper green raw
- Sweet pepper green boiled
- Pepper sweet orange raw
- Sweet pepper red raw
- Sweet pepper red boiled
- Parsnip raw
- Parsnip boiled
- Pumpkin boiled
- Purslane boiled
- Purslane raw
- Leek boiled
- Leek raw
- Turnip tops raw
- Radish red/white raw
- Vegetables mixture raw
- Salsify boiled
- Onions raw
- Onions boiled
- Lettuce average raw
- Lettuce red raw
- Lettuce iceberg raw
- Lettuce butterhead raw
- Rocket raw
- Dandelion leaves raw
- Lettuce romaine raw
- Lettuce lambs raw
- Swiss chard leaf boiled
- Vegetables for soup cooked

	• Bitter gourd pods boiled • Chili pepper raw • Spinach raw • Spinach boiled • Spinach tinned • Spinach frozen boiled • Brussel sprouts boiled • Brussel sprouts frozen boiled • Tomatoes tinned • Tomato average raw • Tomato average boiled • Tomato sun--dried • Tomatoes classic round raw • Tomatoes classic round boiled • Tomato cherry raw • Tomato vine raw • Tomato beef raw • Tomato beef boiled • Tomato sieved • Cress garden raw • Onion Welsh raw • Onion Welsh boiled • Fennel raw • Fennel boiled • Chicory raw • Chicory boiled • Carrot raw average • Carrot boiled average • Carrot tinned • Carrot winter raw • Carrot winter boiled • Carrot bunched raw • Carrot bunched boiled
Fruit	• Strawberries • Apricots w skin • Pineapple • Pineapple in own juice tinned • Apple without skin average • Apple with skin average • Apple sauce tinned • Apple sauce wo sugar tinned • Avocado • Banana • Plantain ripe raw • Blueberries • Bilberries • Redcurrants

- Blackcurrants
- Blackberries
- Lemon
- Cranberries fresh
- Dates fresh
- Grapes w skin average
- Grapes black w skin
- Grapes white w skin
- Raspberries
- Fruit fresh average including citrus
- Fruit fresh average excluding citrus
- Pomegranate
- Grapefruit
- Kaki / Sharon fruit
- Cherries
- Kiwi fruit average
- Kiwi fruit yellow
- Kiwi fruit green
- Coconut meat fresh
- Lime
- Lychees
- Manderins
- Mango
- Melon netted
- Melon honeydew
- Melon cantaloupe
- Melon water
- Fruit fresh citrus average
- Mulberries raw
- Nectarine
- Papaya
- Passion fruit
- Pear wo skin
- Pear w skin
- Peach without skin
- Plums w skin
- Orange
- Figs fresh
- Apricots dried
- Abricots dried and soaked
- Raisins soaked in water
- Goji berries dried
- Dates dried
- Currants dried
- Raisins dried
- Prunes dried
- Prunes dried soaked in water

	• Fruit mixed dried • Fruit mixed dried soaked in water • Figs dried
Bread, grain/cereal products and potatoes	
Brown/whole-grain sandwiches	• Bread brown wheat • Bread brown/wholemeal average • Bread linseed • Bread brown wheat low sodium • Bread multigrain average w seeds • Bread Blue Band Goede Start light brown • Bread wholemeal coarse • Bread wholemeal Brinta Vezelbruin • Bread wheat Vikorn • Bread Tijger brown wheat • Bread Tijger wholemeal • Bread wholemeal fine • Bread wholemeal average • Bread multigrain wholemeal Becel • Bread VollerKoren • Bread Blue Band Goede Start white bread • Bread white Brinta Vezelwit • Roll brown soft • Roll wholemeal soft • Breakfast cereal Brinta • Crispbread wholemeal • Oatmeal • Wheat germ • Crispbread light • Flour wheat wholemeal • Flour soya full fat • Breakfast cereal All--Bran Plus Kellogg's • Breakfast prod Albona 7--cereals--energy • Breakfast cereal porridge Bambix Zonnig Ontbijt licht volk • Breakfast cereal Weetabix original • Bread rye average • Bread rye dark • Bread rye light • Oat bran raw • Wheat bran • Bread wheatrye wholemeal
Whole-grain products or potatoes	• Potatoes slices/parts frozen unprepared • Potatoes boiled w skin average • Potato waffels/balls frozen unprepared • Potato product natural precooked chilled • Potato product seasoned precooked chilled • Potatoes slices/parts frozen with spices unprepared

	• Potato puree powder av • Potato puree powder wo milkpowder wo fat • Potato puree powder w milkpowder w fat • Potatoes wo skins boiled average • Potato sweet boiled • Bulgur wheat cooked • Chips oven frozen prepared • Barley whole grain raw • Rice brown boiled • Pasta wholemeal boiled • Quinoa cooked • Rosti prepared wo fat • Rosti rounds frozen unprepared
Dairy, nuts, fish, legumes, meat and eggs	
Fish/ Legumes/meat/eggs	• Anchovy in oil canned • Anchovy raw • Anchovy prepared without fat • Ocean perch prepared in microwave oven • Kipper smoked • Beans brown boiled • Beans brown canned • Beans kidney red canned • Beans kidney red boiled • Beans mung boiled • Beans black eyed canned • Beans runner tinned • Beans runner boiled • Beans soya boiled • Beans French tinned • Beans French boiled • Beans French frozen boiled • Beans white canned • Beans white boiled • Pea garden super fine tinned • Peas frozen boiled • Peas fresh boiled • Egg whole chicken average boiled • Egg yolk chicken boiled • Egg white chicken raw • Peas chick boiled • Chickpeas canned • Splitpeas yellow boiled • Splitpeas green boiled • Halibut smoked • Trout prepared in microwave oven • Prawns cooked • Shrimps Dutch peeled boiled

- Mince chicken raw
- Chicken wo skin raw
- Herring salted
- Herring pickled (sweet)sour
- Venison raw
- Squid prepared in microwave oven
- Squid rings battered deep--fried
- Cod boiled
- Whitefish fillet batter deepfried wo fat
- Veal rib steak raw
- Veal stewing steak raw
- Veal frying steak raw
- Turkey fillet raw
- Turkey raw
- Peas marrowfat canned
- Peas marrowfat boiled
- Peas marrowfat young canned
- White fish fillet in batter deep--fried
- Chicken w skin raw
- Chicken drumstick w skin raw
- Chicken fillet raw
- Chicken fillet breaded raw
- Chicken rolled raw
- Rabbit domesticated raw
- Pollock Alaska steamed
- Crab in water tinned
- Surimi
- Lobster boiled
- Spawn/hard roe coloured
- Pheasant whole raw
- Lamb leg raw
- Liver chicken raw
- Liver pork raw
- Lentils brown canned
- Lentils red boiled
- Lentils green and brown boiled
- Mackerel steamed
- Mackerel fillet smoked
- Mackerel prepared in microwave oven
- Mackerel in oil tinned
- Kidney ox raw
- Horse meat raw
- Eel smoked
- Eel prepared in microwave oven
- Pangasius prep in microwave oven
- Mange--tout boiled
- Beef rump steak raw

- Beef <5% fat raw average
- Beef stewing meat raw
- Beef rib raw
- Beef frying steak raw
- Beef streaked/marbled raw
- Beef rib steak raw
- Beef stewing steak raw
- Beef tenderloin steak raw
- Beef ribeye steak raw
- Beef sirloin rolled raw
- Beef roast raw
- Beef shank raw
- Beef for stewing averaged raw
- Beef steak tartare raw
- Sardines/pilchards in oil tinned
- Sardines grilled
- Dab/lemon dab prep in microwave oven
- Pork schnitzel not breaded raw
- Fish fingers unprepared
- Plaice boiled
- Tilapia prepared without fat
- Sole prepared in microwave oven
- Tuna in oil tinned
- Tuna in water tinned
- Tuna raw
- Tuna prepared without fat
- Beans broad tinned
- Beans broad boiled
- Pork fricandeau part of leg raw
- Minced pork raw
- Pork tenderloin raw
- Gammon boiled deboned
- Pork gammon steak raw
- Pork shoulder chop raw
- Pork loin chop raw
- Pork fillet raw
- Pork chop raw
- Pork shoulder raw
- Pork stewing meat raw
- Pork tenderloin medaillon raw
- Pork sparerib raw
- Fish lean 0--5 g fat raw
- Rabbit wild raw
- Meat average raw excl liver
- Beef average raw
- Salmon tinned
- Salmon smoked

	• Salmon farmed raw • Salmon farmed prep in microwave oven • Rainbow trout prepared in microwave oven • Salmon pate/--mousse • Mussels boiled
Unsalted nuts	• Almonds blanched unsalted • Chia seeds dried • Hemp seed • Chestnuts raw • Linseeds • Poppy seeds • Nuts mixed unsalted • Cashew nuts unsalted • Hazelnuts unsalted • Nuts macadamia unsalted • Brazil nuts unsalted • Pecan nuts unroasted unsalted • Walnuts unsalted • Pine nuts • Peanuts unsalted • Peanuts dry roasted • Pumpkin seeds • Sesame seeds • Sunflower seeds
Dairy	• Yoghurt drink w sweetener • Milk chocolate--flavoured w sw Optimel • Yoghurt drink Vifit fruit • Yoghurt drink Yomild drink fruit • Breakfast drink Goede Morgen original • Breakfast drink Goede Morgen fruit • Yoghurt drink w sweeteners Optimel • Yoghurt drink Fristi • Buttermilk curds fresh • Buttermilk • Milk semi--skimmed • Coffee creamer w pufa Becel • Coffee creamer low fat • Coffee creamer Balance • Fromage frais low fat • Yoghurt l fat w fruit/van w sw Optimel • Fromage frais low fat w fruit w sw • Milk chocolate--flavoured w sweetener w inulin • Hot chocolate from vending machine • Milk skimmed • Milk semi--skimmed lactose free • Buttermilk w fruit • Yoghurt drink Topvit w sweetner

	• Milkdrink skimmed milk Becel pro--activ • Milk skimmed dried • Milk based drink Yakult light • Yoghurt drink Becel pro--activ • Yoghurt drink Actimel 0% fat natural • Milkbased drink Yakult plus • Drink soya Original Alpro • Drink soya Light Alpro • Drink soya unsweetened Alpro • Drink soya sweetened Milbona nature • Drink soya unsweetened Milbona/Albert Heijn • Yoghurt low fat • Yoghurt half fat • Yoghurt 0% fat w fruit Activia • Yoghurt Bulgarian low fat • Yoghurt drink Fristi with sweetners • Yoghurt drink w sweeteners enriched w calcium • Yoghurt drink Optimel Puur • Yoghurt low fat with fruit w sweetener • Yogurt low fat Activia
Cheese	• Dairy spread plain/herbs • Cheese 30+ average • Cheese goat fresh • Cheese 30+ age 4--8 weeks • Cheese 20+ Leidse w cumin/Fries clove • Cheese 30+ age 8 wk--4 mths • Cheese 30+ less salt age 4--7 mths • Cheese 20+ • Cheese 30+ age 4--7 mths • Cheese 30+ less salt age 8 wk--4 mths • Cheese 30+ less salt age 4--8 weeks • Cheese 30+ age 10--12 mths • Cheese Mozzarella made from cow's milk • Cheeseprod w veg fat Kees extra gerijpt • Cheese Ricotta • Cheese spread Eru Balans • Cheese spread Eru kids • Dairy spread plain/herbs light
Spreading and cooking fats	
Spreadable fats and cooking fats	• Margarine liquid 80% fat Vita d'Or Bewust • Low fat margarine prod 35% fat <10 g sat • Low fat margarine prod AH chol verlagend • Low fat margarine prod C1000 Goed begin • Low fat marg prod Becel calorie light • Low fat spread AH omega--3 • Low fat margarine product Goed Begin Albert Heijn/Jumbo

- Low fat margarine 40% fat <17g sat w vit E
- Low fat margarine product Vita d'Or Bewust light
- Oil peanut
- Oil Becel
- Oil linseed
- Oil corn
- Oil rice bran
- Oil sesame
- Oil soy
- Oil safflower
- Oil wok
- Oil sunflower seed
- Oil olive
- Frying fat liquid
- Frying fat horeca
- Oil vegetable average
- Low fat margarine product tub Becel Ligh
- Low fat marg 40% fat <17 g sat unsalted
- Oil rapeseed

Drinks

Fluids

- Water average
- Coffee prepared
- Coffee instant powder
- Tea prepared
- Tea herbal instant sw prepared
- Tea herbal instant powder
- Mineral water Bar le Duc
- Mineral water Evian
- Mineral water Vittel

Other products

- Porridge oatmeal
- Porridge rice
- Porrdige buttermilk groats
- Porridge semolina
- Porridge oatmeal w semi--skimmed milk
- Blancmange vanilla
- Crispbakes Dutch farmers cereals&seeds Bolletje
- Bread brown w sunflower seeds
- Bread brown w seeds
- Bread brown w pumpkin seeds
- Bread wholemeal fine w seeds
- Bread corn w sunflower seeds
- Bread corn w seeds
- Bread wholemeal average w pumpkin seeds
- Bread wholemeal average w sunflowerseeds
- Bread wholemeal average w seeds
- Bread wholemeal fine w sunflower seeds

- Bread wholemeal coarse w seeds
- Bread wholemeal coarse w sunflower seeds
- Bread wholemeal coarse w pumpkin seeds
- Mixed nuts and raisins
- Cabbage red glass
- Cabbage red w apple pieces frozen boiled
- Cabbage red w apple pieces glass
- Cabbage red w apple pieces
- Peas and carrots tinned
- Peas and carrots frozen unprepared
- Mange--tout and carrots boiled
- Potato croquettes frozen unprepared
- Strawberries in syrup tinned
- Apricots in syrup tinned
- Advocaat liqueur
- Aioli
- Almond filled pastry
- Drink almond Alpro Original
- Drink almond unsweetened Alpro
- Almonds blanched salted
- Liqueur >25 vol% alcohol
- Pineapple in syrup tinned
- Sugar granulated
- Apple strudel
- Apple turnover
- Apple turnover w puff pastry w butter
- Apple sauce wo sugar w sweetener tinned
- Vegetables mixed pickled Atjar tjampoer
- Gherkins sweet pickled
- Vinegar
- Bacon
- Liqueur with cream 15--25 vol% alcohol
- Cooking fat solid 97% fat >17 g sat
- Cooking fat solid 80% fat >17 g sat
- Margarine 80% fat > 24 g sat unsalted
- Margarine liq 80% fat < 17g sat unsalted
- Cooking fat liq 97%fat <17g sat unsalted
- Cooking fat sol 97% fat>17g sat unsalted
- Margarine product liquid light unsalted
- Margarine product liquid light
- Low fat margarine product Vita d'Or Goed begin
- Margarine liquid 80% fat Becel Olijf
- Cooking fat liq Vita d'Or vlees&jus
- Baklava nut--honey cake
- Scrapple pork
- Chines noodle ball unprepared
- Fritter banana

- Berenburg herb liquor
- Meatball Berenklauw unprepared
- Berliner pastry
- Crispbakes Dutch
- Crispbread sesame
- Crispbakes Dutch wholemeal
- Crispbread Oerknack Bolletje
- Cranberries dries sweetened
- Beer pilsner
- Beer >7 vol% alcohol
- Beer alcohol free <0 1 vol%
- Beer with fruit juice Radler alcohol free
- Beer brown
- Beer bock
- Beer w fruit flavour
- Beer white
- Beer with fruitjuice Radler
- Beetroot pickled glass
- Binding agents averaged
- Biscuit sweet
- Biscuit w dried fruit & yoghurt Yofruit
- Biscuit with chocolate
- Chocolate chip cookie
- Biscuit fortified Bridge milkbiscuit
- Biscuit brown/digestive w chocolate
- Biscuit filled
- Biscuit w chocolate layer Scholiertje
- Biscuit digestive
- Biscuit fortified Provita milkbiscuit
- Biscuit gluten free Glutafin
- Biscuit brown/wholemeal
- Biscuit muesli
- Biscuit fortified Liga Belvita ontbijtbiscuits
- Biscuit average
- Biscuit Cafe noir
- Biscuit fortified LU Time Out
- Jagermeister herb liquor
- Croquette meat Bitterbal prep in oven
- Croquette meat ragout frozen unprep
- Biscuit Dutch Amaretti Bitterkoekjes
- Barley easy cook raw
- Flour rice
- Flour wheat white 75% extraction
- Buckwheat groats
- Herb and vegetable mix prepared
- Mix for rice/Chinese noodles prepared
- Cassava cake Bojo Surinam

- Meringue cake Bokkenpootje
- Beans black canned
- Minced meat w ham and cheese raw
- Peanuts coated
- Fondant cream
- Chocolate eclair
- Herb butter
- Butter product melange salted
- Butter product half fat
- Butter product 25% fat
- Butter salted
- Butter product melange unsalted Campina Botergoud
- Stock portion prepared
- Stock from cube prepared
- Stock powder
- Stock powder low sodium
- Stock cubes
- Brandy
- Roll white soft
- Bread white w sunflower seeds
- Bread white average w seeds
- Bread brioche
- Bread toasted
- Bread multigrain gluten free Rustico
- Bread raisin
- Bread white gluten free Pan Carre Schar
- Bread low in carbohydrates
- Bread currant
- Bread currant w almond paste
- Bread raisin/current average
- Bread current/raisin w almond paste
- Bread corn
- Bread wholemeal w nuts
- Bread brown/wholemeal w muesli
- Bread raisin w almond paste
- Baguette w cheese--onion
- Bread white w sugar Suikerbrood
- Bread wheat malt
- Bread Tijger white
- Bread brown Turkish
- Bread white Turkish
- Bread white average milk/water based
- Bread ciabatta no filling
- Bread white milk based
- Bread Omega--
- Bread white water based

- Roll white hard
- Bread stuffed Bapao meat
- Roll brown hard
- Roll multigrain hard
- Croissant chocolate--
- Snack roll puff pastry with Dutch sausage Frikandel
- Spring roll fried
- Cheese pasty w puff pastry
- Danish pastry
- Bun currant/raisin
- Bread current wholemeal
- Roll multigrain soft
- Bun wholemeal w muesli
- Bread pita white
- Bun with vanilla custard
- Ragout pasty w puff pastry
- Snack sausage roll puff pastry
- Snack sausage roll w bread dough pastry
- Cream slice Dutch Tompouce
- Flan hard shell w custard cream
- Biscuits sugar free
- Brownie without filling
- Crisps maize Bugles
- Chicken nuggets prepared in oven
- Pork schnitzel sate breaded raw
- Cocoa powder
- Cocoa product sweetened Nesquik Hot Choc
- Cocoa powder sweetened Nesquik
- Cake wo butter
- Cake chocolate made w butter
- Gateau w whipped cream
- Cake apple--
- Cup cake iced
- Cake with nuts
- Gateau fatless sponge w marzipan
- Cake made w butter and apple
- Cake chocolate made wo butter
- Cake made w butter
- Cake marble--
- Cake Indonesian
- Campari
- Candybar Mars
- Candybar Snickers
- Candybar Twix
- Pork side cured and smoked
- Salami sausage saveloy
- Wine white dry

- Cocktail snacks Nibb--it
- Crisps based on potato flour
- Cocktail snacks based on corn or wheat
- Crisps potato unflavoured
- Crisps potato flavoured
- Cocktail snacks Wokkels
- Crisps potato light unflavoured
- Potato crisps oven baked
- Crisps potato light flavoured
- Crisps potato straws flavoured
- Crisps potato Lays Sensations flavoured
- Crisps tortilla several flavours
- Crisps potato average
- Chocolate dark
- Chocolate milk
- Chocolate bar milk w nuts
- Chocolate white
- Chocolate filled with caramel Rolo
- Chocolate extra dark
- Maltesers
- M&M's chocolate
- Candybar Bounty
- Chocolate liqueurs
- Chocolates filled/Belgium chocolate
- After eight chocolate mints
- Chocolate milk w raisins
- Chocolate dark w nuts
- Chocolate milk w puffed rice
- Candybar KitKat
- Chocolate bar filled Kinder
- Chocolate bar milk without sugar
- Chocolate butter
- Spread chocolate hazelnut
- Spread chocolate dark
- Spread chocolate milk
- Spread duo w chocolate
- Chocolate spread white
- Biscuit chocolate coated
- Mango chutney
- Baguette brown
- Cider
- Cognac
- Fruit in syrup tinned
- Cranberry compote sweetened
- Biscuit w nuts and chocolate
- Biscuit oatmeal
- Biscuit fruit

- Pork filled with ham and cheese raw
- Chicken cordon bleu raw
- Corned beef
- Breakfast cereal Cornflakes Kellogg's
- Breakfast cereal All--Bran Fruit n Fibre
- Breakfast cereal Special K Original
- Breakfast cereal Honey pops Loops
- Breakfast cereal Cornflakes
- Muesli crunchy plain/w fruit
- Corn flakes Golden Bridge
- Breakfast cereal Spec K choc Kellogg's
- Breakfast cereal Tresor Kellogg's
- Breakfast cereal cornflakes Plus/1 de Beste
- Breakfast cereal Chocoschelpjes Perfekt/Markant
- Couscous boiled
- Crackers cream
- Crispbread averaged
- Crispbread gold--brown
- Crispbread high fibre
- Cracker mini unflavoured
- Crispbread Cracottes
- Cracker mini flavoured
- Crisp bread gluten free Fette Croccanti
- Crackers VitaLU
- Toast Melba other varieties
- Crispbread wholemeal Cracottes
- Crispbread Cracottes Vital
- Cracker VitaLU w added calcium
- Biscuits & snacks cheesy
- Pudding airy
- Creme fraiche
- Creme fraiche half fat
- Butter cream
- Croissants
- Croissant prepared w butter
- Croissant prepared wo butter
- Croissant average
- Croissant ham and cheese
- Croissant cheese
- Croutons
- Sweets boiled
- Puff pastry baked
- Puff pastry w butter baked
- Filopastry unprepared
- Sauce chocolate for pudding
- Sauce fruit for pudding
- Saus caramel for pudding

- Dfr Modifast Intensive Milkshake
- Pd Nutridrink Compact p 100 ml Nutricia
- Pd Nutridrink Compact Protein p 100 ml
- Pd Fresubin energy drink p 100 ml
- Pd Fresubin jucy drink
- Pd Fresubin protein energy drink p 100ml
- Modular protein powder Protifar Nutricia
- Modular preparation Fantomalt
- Meal replacer milkshake powder Herbalife
- Fruit juice concentrated
- Fruit juice concentrated prepared
- Doughnut iced
- Doughnut plain
- Fruit juice drink ACE average
- Fruit juice drink ACE Aldi/Kruidvat
- Fruit juice drink diary Wicky fruitzacht
- Fruit juice dk ACE Fruxano/Super/Tasting
- Breezer
- Gin young Dutch
- Soft drink cola w caffeine
- Sports drink AA High Energy
- Sports drink Extran Energy
- Energy drink Golden Power/Bullit/Freeway
- Sports drink Aquarius
- Energy drink Red Bull
- Energy drink Red Bull sugarfree
- Energy drink Mixxed up
- Soft drink light wo caffeine
- Sports drink AA Isotone
- Sports drink Extran Hydro
- Sport drink River Powerdrink/Freeway
- Whey drink Taksi w sugar
- Whey drink Taksi w sweetener
- Whey drink
- Juice orange pasteurized
- Juice drink
- Fruit juice dk minimal 2 fruits
- Juice drink light
- Fruit juice drink Roosvicee Multivit
- Juice drink Dubbelfrisss
- Fruit juice dk Coolbest skinny orange
- Juice drink Wicky
- Fruit juice dk Roosvicee Original/frdr
- Juice multifruit
- Fruit juice dk minimal 2 fruits w vit C
- Juice Drink Ocean Spray
- Juice drink w sugar & sw Wicky

- Fruit juice drink apple nectar
- Juice multifruit-- with vitamin E Healthy People
- Fruit juice drink juice and water
- Breakfast drink HeroFruitontbijt p 100ml
- Juice drink Tintelfruit w vit C
- Juice drink Dubbelfrisss light
- Juice drink Spa&Fruit still
- Juice drink Spa&Fruit light still
- Juice fruit Multi Vitamientje oranje vr
- Fruit drink Multi Vitamientje bosvr
- Juice fruit Coolbest Vitaday original
- Juice drink w sugar & sw
- Juice drink multivitamin Capri--Sun
- Fruit juice drink 12 fruits nectar light
- Lemonade fruit Wicky zero
- Fruit juice drink Fruity King tropical
- Fruit juice dk Surango multivit light
- Fruit juice dk Solevita multivit 12 fru
- Fruit juice dk Roosvicee Multivit light
- Fruit drink Roosvicee 50/50
- Fruit drink Linessa Vital&Active light
- Juice drink Spa&Fruit sparkling
- Vitaminwater
- Salad cream 25% oil
- Salad dressing naturel wo oil
- Salad dressing Yofresh
- Salad dressing vinaigrette
- Salad dressing 20% oil w yoghurt
- Mayonnaise
- Sauce for chips approx 13% oil
- Salad dressing honey/mustard
- Sauce for chips 5% oil
- Sauce Joppie
- Salad dressing Becel Light
- Sandwich spread original
- Mayonnaise yoghurt based 25% oil
- Salad dressing olive oil--vinegar
- Breakfast drink Ontbijt&Fit
- Yoghurt drink
- Dairy drink Milk&Fruit original
- Liquorice Dutch type sweet
- Liquorice Dutch type average
- Liquorice sugarfree
- Liquorice Dutch type double salted
- Liquorice allsorts
- Liquorice w peppermint
- Liquorice Dutch type sweet with foam

- Liquorice Dutch type salted
- Mentos cheewy dragee
- Duck whole raw
- Biscuit fortifd w currants LigaEvergreen
- Biscuit fortified Bridge fruit and grain
- Biscuit fortified Evergreen crunchy
- Falafel unprepared
- Beef steak tartare spiced filet americ
- Liqueur <15 vol% alcohol
- Focaccia
- Pork fricandeau fried
- Sausage Frikandel deep--fried liquid fat
- Sausage Dutch Frikandel frozen unprep
- Soft drink wo caffeine
- Ice tea with sugar and sweetener
- Sport drink Freeway Sportivo
- Soft drink w sugar & sweetener 2--<5 g KH
- Cola light soft drink w caffeine
- Soft drink w sugar sw&caffeine 2--<5 carb
- Softdrink w sugar sw&caffeine 5--<8g carb
- Ice tea
- Juice drink Tintelfruit light
- Ice tea light
- Ice tea with less sugar
- Lemonade fruit Sisi no bubbles Action
- Whey drink Rivella wo sugar
- Chips pre--fried frozen unprepared
- Chips prepared average
- Sauce for chips 25% oil
- Mayonnaise product approx 35% oil
- Sauce garlic 20--<30% oil
- Crisps potato straws natural
- Fruit cocktail in syrup tinned
- Biscuit fortified Liga Evergr assortment
- Sweets jelly/gums/foam
- Sweet fruity chew
- Forcemeat balls for soup canned
- Minced beef raw
- Minced beef/pork raw
- Minced meat raw average
- Minced meat loaf fried
- Minced beef/pork ball prep w egg/crumbs
- Minced beef ball prepared without egg
- Minced meat beef/pork raw w egg/brcrumbs
- Minced meat (50:50 pork beef) w veg raw
- Minced meat pork raw w egg and breadcrumbs
- Jam

- Ginger stem in syrup tinned
- Millet boiled
- Yeast extract Marmite
- Icing (sugar)
- Guacamole
- Coloured confetti fruit--flavoured
- Chocolate confetti milk
- Chocolate confetti averaged
- Chocolate confetti dark
- Chocolate confetti white
- Chocolate confetti mix white and dark
- Chocolate confetti extra dark
- Margarine product tub Becel Dieet
- Low fat spread Becel pro--activ
- Low fat marg prod Blue Band Goede Start
- Low fat marg prod 20--25% fat <10 g sat
- Margarine product 70% fat <17 g sat
- Margarine product 70% fat >17 g sat
- Margarine product 60% fat <17 g sat
- Low fat margarine Gouda's Glorie Lichtste Pondje
- Low fat margarine prod Becel Omega3 Plus
- Low fat margarine prod Blue Band Idee
- Low fat margarine prod Bewust light
- Margarineprod AlbertHeijn Bewust Balans
- Low fat marg prod Dieetella Double Activ
- Low fat margarine product Gezonde Start
- Low fat spead Becel pro.activ light
- Margarine product tub Jumbo diet
- Margarine product 60% fat >17 g sat
- Margarine product Vita d'Or Bewust
- Margarine product Jumbo bewust
- Ham lean boiled
- Ham smoked raw
- Ham lean grilled
- Ham shoulder medium fat boiled
- Hamburger raw
- Fromage frais full fat w fruit
- Rice drink
- Liquorice Stophoest
- Boiled sweets sugar free
- Honey
- Sandwich spread other flavours
- Hummus natural
- Cheese cottage
- Ice cream dairy cream based
- Ice cream stracciatella--
- Ice cream dairy w chocolate coating

- Ice cream dairy w fruitcoating
- Icecream based on coconutmilk
- Ice lolly
- Ice lolly Festini
- Ice cream dairy cornet
- Icecream with caramel and nuts
- Sorbet
- Fruit drink conc diluted average
- Jam rose hip
- Jam reduced sugar
- Marmalade
- Biscuits w nuts
- Japanese rice cracker mix w peanuts
- Japanese rice cracker mix wo peanuts
- Gin Dutch red currant flavoured
- Gin Dutch lemon flavoured
- Gin old Dutch
- Biscuit children's average
- Biscuit Dutch Jodekoek
- Gravy 25% fat thickend prep w gravypowde
- Gravy 25% fat thick prep wo gravy powder
- Gravy 25% fat thickend w gravypowder
- Gravy 25% fat w margarine liquid 2558
- Gravy 25% fat w cooking fat liquid 2562
- Gravy 25% fat w margarine 2063
- Gravy 25% fat clear prep wo gravy powder
- Gravy 25% fat w butter
- Gravy 25% fat thickend w marg 2063
- Gravy 25% fat thickend w cook fat 2067
- Gravy 25% fat thickend w olive oil
- Gravy 25% fat w marg 2063 + gravy powder
- Gravy 25% fat w marg 2077 w gravypowder
- Gravy 25% fat w marg 2558 + gravy powder
- Gravy 25% fat clear prep w gravy powder
- Gravy 25% fat w cooking fat 2067
- Gravy 25% fat w margarine liquid 2077
- Gravy 25% fat w olive oil
- Gravy 50% fat thick prep wo gravypowder
- Gravy 50%fat thickend prep w gravypowder
- Gravy 50% fat clear prep wo gravypowder
- Gravy 50% fat w cooking fat 2067
- Gravy 50% fat w margarine 2063
- Gravy 50% fat w margarine liq 2077
- Gravy 50% fat w margarine liquid 2558
- Gravy 50% fat w cooking fat liquid 2562
- Gravy 50% fat w cooking fat 2563
- Gravy 50% fat w olive oil

- Gravy 50% fat(butter) prep wo gravypowd
- Gravy 75% fat thick prep wo gravypowder
- Gravy 75%fat thick prep w gravy powder
- Gravy 75% fat clear prep wo gravypowder
- Gravy 75% fat w margarine 2063
- Gravy 75% fat w cooking fat 2067
- Gravy 75% fat w margarine liq 2077
- Gravy 75% fat w olive oil
- Gravy 75% fat w cooking fat 2563
- Gravy 5% fat thick prep wo gravypowder
- Gravy 5% fat thickend w gravy powder
- Gravy 5% fat clear prep wo gravypowder
- Gravy no fat prep w gravy powder
- Cheese Gouda 48+ average
- Cheese Saint Paulin/Port Salut
- Cheese Gruyere
- Cheese Emmenthaler
- Cheese 48+ less salt average
- Cheese Rambol
- Cheese raw milk 48+
- Cheese Gouda 48+ age 4--7 mths
- Cheese sheep/goat Turkish 50+ canned
- Cheese Roquefort
- Cheese Bluefort
- Cheese Gorgonzola
- Cheese 45+
- Cheese spread 48+
- Cheese Brie 50+
- Cheese Camembert 30+
- Cheese Brie 60+
- Cheese Camembert 45+
- Cheese Cheddar
- Cheese Edam 40+
- Cheese sheep fresh
- Cheese white 45+ feta--like from cow's milk
- Cheese Dutch in Swiss--style 45+
- Cheese goat hard
- Cheese 50+
- Cheese 40+ Leiden w cumin/Fries clove
- Cheese 10+
- Cheese Gouda 48+ age 8 wk--4 mths
- Cheese 48+ less salt age 4--7 mths
- Cheese Parmesan
- Cheese 48+ less salt age 8 wk--4 mths
- Cheese Gouda 48+ age 4--8 weeks
- Cheese 48+ less salt age 4--8 weeks
- Cheese Old Amsterdam 48+

- Cheese Gouda 48+ age 10--12 mths
- Cheesespread Heks'n kaas
- Mascarpone cheese
- Cheese cream soft Boursin
- Cheese smoked
- Cheese cream soft Mon Chou
- Cheese cream 60+
- Cheese cream soft Paturain
- Cheese cream with herbs 25--30 g fat
- Cheese spread 40+
- Cheese spread 20+
- Cheese spread 30+
- Cheese spread 60+ Kiri
- Cheese spread 45+
- Cheese Stilton
- Cheese Swiss dried
- Veal olive raw
- Minced veal raw
- Biscuit sponge fingers
- Fudge/caramel soft
- Toffees
- Chewing gum
- Chewing gum wo sugar
- Yoghurt vanilla half fat
- Cherries in syrup tinned
- Biscuits assorted w butter
- Stollen w almond/imitat paste average
- Stollen w almond/imitat paste w nuts
- Stollen w almond/imitat paste wo nuts
- Ketchup hot
- Ketchup curry
- Salsa tomato dip
- Ketchup tomato
- Soya sauce salt
- Frogs/mice fondant with chocolate
- Chicken fillet in batter raw
- Sandwich meat chicken
- Chicken for soup w skin raw
- Chicken sticks breaded
- Chicken schnitzel raw
- Biscuit Dutch Kletskop
- Crispbread Sandwich Wasa
- Fruit snack Knijpfruit/Slurpfruit
- Biscuit shortbread Bastogne
- Cake butter Dutch Boterkoek
- Nuts cake
- Cake sponge Dutch Eierkoek

- Sponge cake wholemeal
- Almond paste filled tarts w butter
- Almond paste filled tarts wo butter
- Biscuit Jaffa cakes/Cake PiM's
- Tarts filled w jam
- Coconut flavoured cookies
- Cake Dutch spiced Ontbijtkoek w raisin
- Cake Dutch spiced Ontbijtkoek w nuts
- Cake Dutchspiced Ontbijtkoek w rockcandy
- Cake Dutch Ontbijtkoek w nuts&fruit
- Cake Dutch spiced Ontbijtkoek
- Cake Dutch spiced Ontbijtkoek w ginger
- Cake Dutch spiced Ontbijtkoek less sugar
- Cake Dutch spiced Lekkere Start
- Cake Dutch spiced ontbijtkoek w chocolate
- Cake Dutch spiced Ontbijtkoek wholemeal
- Cake Dutch w icing & cream 'Oranjekoek'
- Biscuit peanut
- Shortbread
- Cereal bar w milk Kellogg's
- Biscuit Dutch shortbread sprits
- Biscuit Dutch Frou frou
- Biscuit salted average
- Coffee w milk vending machine
- Coffee from vending machine with sugar
- Coffee w sugar and milk vending machine
- Coffee Cappuccino freshly made
- Coffee cappuccino instant prepared
- Coffee iced
- Coffee wiener melange instant prepared
- Coffee cappuccino instant powder
- Coffee wiener melange instant powder
- Coffee latte macchiato freshly made
- Coffee creamer full fat
- Coffee creamer half fat
- Coffee creamer 20% fat
- Coffee creamer powder
- Coffee creamer low fat powder
- Coconut bread sweetened sliced
- Coconut macaroons
- Cucumber sliced pickled
- Cabbage sauerkraut cooked
- Biscuit Dutch Krakeling
- Prawn crackers natural
- Cassave crackers
- Croquette meat ragout prepared in oven
- Biscuit spiced small

- Biscuit spiced small Kruidnoten w dark choc
- Biscuit spiced small Kruidnoten w milk choc
- Biscuit spiced small Kruidnoten w white choc
- Fromage frais full fat
- Fromage frais half fat w fruit
- Fromage frais low fat with fruit
- Fromage frais half fat
- Fromage frais w fruit Danoontje
- Cake raisins--
- Fromage frais yoghurt w fruit
- Lamb chop raw
- Lamb shoulder raw
- Liver ox boiled
- Liver pork boiled
- Liver pate/Berliner liver sausage
- Liver pate
- Pate spreadable lean
- Biscuit fort Liga 12--36 mnth
- Biscuit fortified Liga Continue vit/min
- Biscuit fortified Liga Haverkick
- Biscuit fortified Liga Milkbreak milkbiscuit
- Biscuit fortified AH/Jumbo/Aldi
- Biscuit fortified Liga Baby 6--12 mnth
- Biscuit fortified Liga Baby 4--6 mnth
- Candybar Lion
- Springroll frozen unprepared
- Liquorice w sal ammoniac powder
- M&M's chocolate w peanuts
- Meal replacer mlkshk prep s--sk milk
- Meal replacer Cambridge shake/soup prep
- Pd Nutridrink Multi Fibre per 100 ml
- Cereal bar Hero B'tween free
- Meal replacer bar Weightcare
- Cornflour
- Tangerines in syrup tinned
- Marzipan
- Marsh mallows
- Crackers matzes
- Sauce for chips 35% oil
- Mayonnaise product w olive oil
- Starch potato
- Flour wheat self--raising
- Flour buckwheat
- Cornmeal
- Bread crumbs
- Milk chocolate--flavoured full fat
- Milk chocolate--flavoured low fat

- Milk chocolate--flavoured semi--skimmed
- Drinking chocolate w s--sk milk
- Drinking chocolate w s--sk milk and Nesquik
- Milk goats-- full fat
- Milk raw
- Milk whole
- Milkshake
- Dairy drink Campina fruitmilk
- Milk whole dried
- Cake wrapped in marzipan and chocolate
- Pasta white average boiled
- Noodles boiled
- Milkshake McDonald's
- Candybar Milky Way
- Milk based drink Yakult original
- Yoghurt drink Actimel natural
- Yoghurt drink Actimel fruit
- Miso soya paste
- Flour for pancakes
- Flour for pancakes multigrain
- Curry powder djawa
- Herb and dried vegetable mix
- Mixed spices Wereldgerechten unprep
- Mix rice/Chines noodles unprepared
- Mix Maggi oven/dagschotel unprepared
- Mix seasoning Mexican unprepared
- Sauce powder approx 30% fat
- Mix for marinade powder unprepared
- Mix Hollands Pannetje Maggi unprepared
- Sauce powder approx 10% fat
- Mustard
- Mousse chocolate
- Custard w whipped cream
- Coconut milk
- Muesli crunchy w nuts
- Muesli w fruit
- Muesli Country Store Kellogg's
- Muesli crunchy w chocolate
- Muesli crunchy w nuts and chocolate
- Muesli crunchy Cruesli Balans
- Breakfast cereal Choco moons Crownfield
- Sports food energy bar Isostar
- Muesli bar w chocolate
- Cereal bar Hero B'tween
- Muesli bar
- Tart w bread base w veg/egg/cheese
- Aniseed comfits crushed/pink&white/blue&white

- Dough for pizza and savoury pie
- Wrap/Tortilla
- Noodles instant prepared
- Nuts mixed salted
- Cashew nuts salted
- Nuts macadamia salted
- Pecannuts oil roasted salted
- Pistachio nuts salted
- Walnuts salted
- Nougat
- Nougat w chocolate
- Oil coconut
- Doughnut Dutch style w currants raisins
- Doughnut Dutch style plain
- Olives average in brine tinned/glass
- Olives green in brine tinned/glass
- Olives ripe in brine tinned/glass
- Breakfast cereal All--Bran flakes
- Breakfast cereal Choco chocos Plus
- Breakfast cereal Coco pops Kellogg's
- Breakfast cereal Honey pops Kellogg's
- Breakfast cereal Honey hoops Crownfield
- Breakfast cereal honey loops 1 de Beste
- Drink breakfast Brinta Wake Up
- Breakfast cereal porridge 8 cereals with honey Bonbebe
- Cocoa product powder Ovomaltine
- Spread duo wo chocolate
- Tortellini boiled
- Pasta gluten free cooked Schar
- Pate
- Sausage luncheon meat
- Pears in syrup tinned
- Beef salted cooked
- Wafer w milk & hazelnts Knoppers
- Waffle penny--
- Peppermint
- Peaches in syrup tinned
- Pesto green
- Pesto red
- Peanut butter
- Peanut butter light
- Peanut butter w nut pieces
- Peanuts salted
- Peanuts milkchocolate coated
- Peanuts sugar coated
- Popcorn popped wo oil natural

- Popcorn popped wo oil sweet
- Popcorn popped wo oil w salt
- Port wine
- Pudding chipolata
- Chocolate blancmange w sauce
- Cream whipped w added sugar
- Dairy dessert with cream averaged
- Blancmange raspberry w red currant sauce
- Blancmange semolina w red currant sauce
- Blancmange home--made w semi--sk milk
- Blancmange chocolate
- Blancmange vanilla w strawberry sauce
- Rhubarb puree w sugar
- Lard
- Rice white boiled
- Rice multi--grain boiled
- Rice white boiled with candied fruit nuts and seeds
- Rice drink w calcium and vitamines
- Rice cakes puffed with salt
- Rice cakes with spices
- Rice cakes puffed with chocolate
- Rice cakes puffed with caramel
- Beef rolled prepared
- Chicken rolled prepared
- Pork rolled (processed meat)
- Beef smoke--dried
- Beef smoke--dried lightly salted
- Horse meat smoked
- Cream whipping
- Cream based on veg oil Alpro Cuisine
- Cream cooking
- Cream cooking light
- Cream type prod Blue Band Finesse
- Cream based on vegoil Alpro CuisineLight
- Cream whipped w sugar canned
- Cream whipped low fat w sweetener canned
- Cream whipped low fat w sugar canned
- Cream sour
- Beef roast prepared
- Roti Surinam pancake
- Raisins coated with milkchocolate
- Rum
- Beef fat
- Beef olives raw
- Salad fish
- Salad ham and leek
- Salad chicken curry

- Salad egg
- Salad cucumber
- Salad meat
- Salad crab
- Salad cheese
- Salad coleslaw
- Salad shrimp
- Salad chicken sate
- Salad celeriac
- Salad tuna
- Salad Russian
- Salade salmon
- Sausage dry salam Turkish
- Salami
- Salami sausage saveloy lean
- Pepper red hot paste
- Pepper red hot fried paste
- Coconut creamed block Santen
- Juice pineapple
- Juice apple
- Juice apple w vitamin C
- Juice redcurrant
- Juice lemon
- Juice grape
- Juice grapefruit
- Juice pear
- Juice orange w pulp
- Juice orange with calcium Appelsientje
- Juice orange Appelsientje Groeifruit
- Juice orange freshly squeezed
- Tomato juice
- Juice tomato Appelsientje Zontomaat
- Juice tomato/vegetable
- Juice tomato/vegetable Appelsientje
- Juice multifruit mild w vit C
- Fruit drink 'portiefruit'
- Juice fruit Coolbest Vitaday tropical
- Juice fruit Solevita multivit 12--fruits
- Juice fruit Hero Fruit&Co
- Juice fruit Vruchtoase multivit
- Sauce tomato based shashlik
- Sauce mix packet <3% fat prepared
- Sauce chilli
- Sauce mix packet >3% fat prepared
- Sauce oriental ready--made in jar/bag
- Sauce hot liquid ready made <12% fat
- Sauce hot liquid ready made >12% fat

- Sauce Aardappel Anders average
- Sauce barbecue
- Sauce mayonnaise based average
- Sauce based on roux prepared
- Sauce butter--
- Seasoning flavoured liquid
- Sauce Chicken Tonight high fat varieties
- Sauce cocktail/party/table 25% oil
- Sauce cocktail/party/table >25% oil
- Sauce garlic 30--<40% oil
- Soya sauce sweet
- Herb paste boemboe
- Sauce tomato ready made jar
- Sauce bolognese ready made jar
- Sauce cheese--
- Sauce soy
- Sauce Chicken Tonight low fat varieties
- Mayonnaise low fat 40% oil
- Sauce prep w s--sk milk en marg 2063/2062
- Sauce oyster
- Piccalilly
- Peanut sauce ready to eat
- Peanut sauce homemade w water w fat
- Peanut sauce packet prepared
- Peanutsauce homemade w s--sk milk wo fat
- Peanutsauce homemade w water milk wo fat
- Sauce chasseur
- Mix Maggi oven--/dagschotel prepared
- Sauce worcester--
- Chicken schnitzel satey breaded raw
- Pork schnitzel breaded raw
- Spice biscuit sprinkles Bolletje
- Wine gum/ fruit gum
- Wine gums with foam layer
- Meringue
- Solid foamed candy 'schuimpje'
- Teacakes chocolate coated marshmellow
- Seitan
- Sherry
- Wrap shoarma roll prep wo fat
- Syrup maple
- Syrup ginger
- Fruit drink concentrate undiluted
- Fruit drink conc w vit
- Fruit drink conc light diluted average
- Fruitdrink conc KarvanCevitam diluted av
- Fruit drink conc w sugar & sw diluted

- Fruit drink conc w vit diluted
- Fruit drink concentrate Roosvicee Origin
- Fruit drink conc Roosvicee Low Cal
- Fruit drink concentrate Karvan Cevitam
- Fruit drink conc Roosvicee Multivit
- Fruit drink conc w sugar and sweetners 40--45g CHO
- Fruit drink concentrate light
- Fruit drink conc can Albert Heijn
- Fruitdrink conc w sugar & sw 10--15 g CHO
- Fruit drink conc w sugars and sweeteners
- Fruit drink conc w 45--50 mg vit C
- Fruit drink concentrate with sweeteners Karvan Cevitam
- Fruit drink conc w sugar diluted AH
- Fruit drink conc diluted 1 to 4
- Fruit drink conc diluted 1 to 7
- Fruitdrink conc w sug&sw diluted Tasting
- Fruit drink concentrated Vruchtenmix diluted
- Fruit drink conc w sugar and sweeteners diluted
- Fruit drink conc with sweetener Karvan Cevitam diluted
- Fruit drink concentrated Vruchtenmix
- Fruit drink conc Roosvicee diluted av
- Syrup from tinned fruit
- Luncheon meat tinned
- Sausage luncheon meat lean
- Sweets cream hard
- Soup instant powder
- Breadsticks
- Eclair filled w banana and whipped cream
- Eclair without filling
- Eclair w whipped cream filling
- Dessert soya Alpro
- Soya based yoghurt w fruit/vanilla Alpro
- Soya based yoghurt natural Alpro
- Drink soya natural
- Drink soya several flavours Alpro
- Biscuit spiced Speculaas w butter
- Biscuit spiced Speculaas wo butter
- Biscuit spiced Speculaas w almond paste
- Spread speculaas flavoured
- Bacon rasher streaky
- Bacon lean smoked raw
- Bacon smoked Katenspek
- Bacon lean smoked prepared
- Bacon fat raw

- Bacon rashers streaky grilled
- Sweets marshmellow type Spekkie
- Spiced cake Indonesian-- Spekkoek
- Almond/imitation paste average
- Spinach creamed frozen boiled
- Biscuit Dutch shortbread sprits w choc
- Baguette white
- Baguette white w herb butter retail
- Syrup apple
- Mineral water w sweetener
- Golden syrup pourable
- Syrup apple--pear
- Syrup apple enriched w iron
- Syrup Keukenstroop
- Syrup sugar
- Waffle syrup average
- Waffle syrup w butter
- Waffle syrup w/o butter
- Biscuit syrup w chocolate
- Cocoa powder sweetened
- Sugar castor brown
- Sugar castor white
- Preparation glucose powder Dextro--M
- Sugar powdered
- Sugar demerara
- Sugar light
- Biscuit savoury Sultana Crunchers
- Biscuit Dutch Taai--taai
- Apple pie Dutch w shortbread w marg
- Appel pie Dutch w shortbread w butter
- Pie apple--nuts
- Chocolate pastry w whipped cream
- Cheesecake made w fromage frais
- Cheesecake made w cream cheese
- Gateau with butter--cream filling
- Meringue w butter--cream
- Gateau fatless sponge w fruit & cream
- Tart fruit w shortbread base
- Crisps tortilla unflavoured
- Sesame paste tahin
- Tahoe soya curd
- Quorn pieces unprepared
- Tapenade olive
- Tapenade tomato
- Tempeh fermented soya beans
- Tea vending machine with sugar
- Tiramisu

- Toast Melba natural
- Toffee w chocolate
- Tomatoes dried in oil tin/glass
- Tomato puree concentrated tinned
- Topping dessert w sugar whipped KlopKlop
- Turkish Delight
- Tzatziki
- Silver--skin onion sweet pickled glass
- Onions deep--fried sachet
- Pork rib chop raw
- Pork spare rib raw
- Bacon rasher raw
- Kromesky meat filled raw
- Sausage luncheon meat vegetarian
- Ham vegetarian
- Vegetable paste Tartex
- Pate vegetarian
- Mincemeat vegetarian unprepared
- Hamburger vegetarian unprep
- Burger vegetarian cheese unprepared
- Beans baked in tomato sauce canned
- Quorn southern style burger unprepared
- Vegetarian schnitzel Valess unprepared
- Vegetable burger vegetarian unpr
- Nuggets vegetarian
- Vegetarian mincemeat balls unprep
- Vegetarian minced meat ball unprepared De Vegetarische Slager
- Pastry puff cheese filled unprepared
- Schnitzel vegetarian unprep
- Vegetarian sausages unprepared
- Vermouth
- Margarine 80% fat < 24 g saturates
- Cooking fat liquid 97% fat <17 g sat
- Frying oil
- Margarine liq 80% fat <17 g saturates
- Low fat margarine 40% fat <17 g sat
- Margarine 80% fat > 24 g saturates
- Frying fat solid
- Butter unsalted
- Margarine liquid 80% fat Blue Band
- Viandel unprepared Mora
- Brandy Dutch vieux
- Custard chocolate full fat
- Custard several flavours full fat
- Custard vanilla full fat
- Custard vanilla low fat

- Custard no fat w sweetener Optimel
- Custard half fat all flavours
- Custard vanilla full fat w choc balls
- Custard soft & airy Campina
- Flan apple and crumble topping
- Flan w custard and crumble topping
- Flan fruit and crumble topping
- Flan filled w rice pudding
- Flan sponge w custard cream
- Flan w fruit filling
- Flan w custard and fruit
- Flan filling tinned
- Custard 2 flavours w syrup vlaflip
- Dessert made of custard yoghurt & syrup
- Pork 5--14% fat raw
- Veal <5% fat raw average
- Lamb >10 g fat raw average
- Ham beef pastirma Turkish
- Minced beef raw w egg and breadcrumbs
- Minced lamb raw
- Veal stewing meat raw
- Pork shoarma seasoning raw
- Veal fricandeau prepared
- Processed meat prod excl liver average
- Sausage excl liver average
- Chocolate flakes milk
- Chocolate flakes dark
- Chocolate flakes mix dark and white
- Chocolate flakes white
- Sweets fruit pectinbased
- Waffle Luikse
- Waffle soft--/sugar--/flash--
- Waffle Luikse w chocolate
- Wafer galette
- Mineral water Spa
- Mineral water average
- Mineral water Chaudfontaine
- Mineral water Sourcy
- Porridge barley w raisins Bessola
- Whisky
- Wine red
- Muscatel
- Wine white sweet
- Wine rose
- Wine gum w liquorice
- Vodka
- Liqueur 15--25 vol% alcohol

- Sausage dried Metworst
- Sausage cooked
- Sandwich meat turkey
- Sausage beef Braadworst raw
- Sausage pork Braadworst raw
- Sausage Chorizo
- Sausage grill
- Sausage grill chicken
- Sausage grill w cheese
- Liver sausage coarse hausmacher
- Sausage frankfurter tinned
- Sausage beef frankfurter type tinned
- Liver sausage
- Sausage raw beef
- Sausage w smoked bacon--bits
- Sausage smoked cooked average
- Sausage smoked lean cooked
- Sausage smoked beef cooked
- Sausage smoked pork cooked
- Liver pate sausage
- Sausage spiced and smoked
- Sausage tongue
- Yoghurt full fat
- Yoghurt low fat w fruit
- Yoghurt full fat w fruit
- Yoghurt snack Breaker
- Yoghurt half fat w fruit
- Yoghurt full fat w fruit/vanilla Activia
- Yoghurt Bulgarian whole milk
- Yoghurt Greek full fat
- Yoghurt drink mini probiotic Optifit
- Yoghurt full fat natural Activia
- Yoghurt drink enriched w calcium
- Yoghurt cream-- w fruit
- Yoghurt full fat w cereal/muesli Activia
- Yoghurt full fat stracciatella
- Yoghurt w fruit Mona Boordevol
- Yoghurt Turkish 4% fat
- Yoghurt Turkish 10% fat
- Seaweed kelp raw
- Seaweed nori dried
- Salty puff pastry cocktail snacks
- Pretzel sticks
- Brawn pork pickled in vinegar
- Bread sourdough wholemeal
- Yoghurt & custard Campina